

Post-Operative Instructions

- Go home and rest for the remainder of the day.
- Do not perform any strenuous activities.
- Do not attempt to eat a heavy meal immediately. If you are hungry, a light diet (liquids and toast) should be adequate. Be sure to drink plenty of fluids to keep hydrated.
- A feeling of nausea may occasionally develop after sedation. Lay down until you feel better.
- Do not drive a motor vehicle or perform any hazardous tasks for the remainder of the day (even if you think you feel fine).
- Do not consume alcoholic beverages for 48 hours following dental treatment.
- Patients will need assistance by a responsible adult with walking and using the restroom.
- Patients shall have a responsible adult stay with them and monitor them for at least 12 hours or until they recover the morning following their appointment.
- Drugs such as Tylenol, Advil, or Motrin are usually effective for mild pain and fever that may follow your surgery and anesthesia.
- If you have any unusual problems you may call the office telephone number at 703-729-6222 and use the emergency line. Please leave a message if you do not get a response. We will return your phone call as soon as possible.

Patient Name: _____

Patient Signature: _____

Date: _____

Witness Name/ Signature: _____ Date: _____